



#### RESPECT WILDLIFE & HANDLE YOUR "BUSINESS" WHILE EXPLORING WITH ETIQUETTE

We all need to do our part to keep these places pristine and accessible for future generations. To do this, it's important to leave the land in as good or better shape than how we found it.

# THE 7 LEAVE NO TRACE PRINCIPLES





Plan ahead Travel and camp on hard or durable and prepare surfaces

Discard of waste properly





Minimize the

impact of

campfires



Respect

wildlife





Be considerate of other visitors

If you pack it in, pack it out, and always be sure to stay on designated trails. Our alpine environments have short growing seasons and are very fragile, so always ride or hike on the path.



### WHAT TODO WHEN YOU ENCOUNTER WILDLIFE

# OUTDOOR ADVENTURES WITH YOUR DOG

## N LEASH

Outdoors, respect leash laws where they exist - and where they don't, be sure your dog is well-behaved and under voice control at all times.

Consider a GPS tracking option for dogs that like to wander.

PERSONAL

4

HYGINE



#### SKUNK

If your dog gets too close to a skunk or porcupine, it is not life-threatening. Hopefully, you have the wherewithal to know how to remove quills - or the ability to get to a vet in short order.

#### LARGE ANIMALS

If your dog takes off after a bear or moose, it might bring it back to you, putting your life in danger. You better be ready with the bear spray! No large animal needs the stress of being chased by a dog either.

There's nothing worse than coming across used toilet paper and old business at a pretty campsite. Here's what you should do when you have to go, and there isn't necessarily an outhouse.

> Choose a site that is a minimum of 60 m away from a trail, campsite, or a particularly beautiful area.

Select a spot that has good soil and organic matter and dig a cathole 15-20 cm or 6-8 inches deep.

> Do your business in the hole, in the squatting position while balancing yourself on a nearby object with your shorts or pants just partially pulled down – so you don't lose your balance!

When you're finished, fully cover the cathole with dirt and organic matter along with any toilet paper if it can't be packed out. The cathole needs to be completely covered, so both animals and humans never find your business on the bottom of their paws.

A better alternative to burying toilet paper is to pack it out. Fold what you've used in half and throw it along with any feminine hygiene products in a Ziploc bag. Dispose of it properly once at home. If you happen to forget some TP, sourcing organic matter to clean-up isn't the worst option. But, if there is poison ivy in the area, be sure you know what it looks like, or you'll come to regret it.

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